

# Teresa M. White

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## OBJECTIVE

A permanent professional position where I am able to provide training on leadership and team development.

## EXPERIENCE

### Public Speaker/ Professional Life Coach

I have over twenty years of public speaking and training skills in both religious and community groups.  
Development of staff training with the growth mindset concept.  
Focus on cultural competence and team building

### UC San Diego – Ione, CA – Benefit Social Worker

September 2019- current

Managing the release documentation for inmates during the pre-release phase.  
Communicate with county departments regarding services and updates.  
Complete written documentation for Social Security Administration  
Schedule and plan appointments for inmates  
Create a working relationship with CDCR staff

### Active Life ADHC, Stockton, Ca — Director of Social Services

March 2019 – September 2019

Oversee the social services for clients with a varying range of needs  
Provide psychosocial evaluations for clients service needs  
Arrange services for physical therapy, occupational therapy, etc.  
Oversee the intake department  
Oversee the reporting and documentation of abuse allegations and incidence.  
Provide outreach to the local community  
Create lasting collaborative partnerships with agencies such as San Joaquin County and Kaiser Permanente  
Chart reviews and audits  
Assisting the Program Director with managing staff.

### County of Fresno, Fresno, Ca — Social Work Practitioner

October 2014 - March 2019

OVERSEE AND MANAGE CASELOADS REGARDING ELDER ABUSE/NEGLECT

COMMUNICATE AVAILABLE SERVICES TO THE COMMUNITY

WORK WITH PUBLIC ENTITIES THAT PROVIDE SERVICES TO THE COMMUNITY

## SKILLS

Staff development  
Public Speaker  
Life Coach  
Cultural competence training  
Team leadership  
Training  
Effective Communication  
Advocacy  
Crisis Intervention  
Team Building Training  
Collaboration  
Creating and Setting Goals

## LANGUAGES

English

WORK WITH COLLABORATIVE SOCIAL WORKERS TO ASSIST ON CASE MANAGEMENT

DEVELOP CLIENT GOALS AND OBJECTIVES.

FACILITATE AS THE LIAISON BETWEEN CENTRAL VALLEY REGIONAL CENTER AND  
ADULT PROTECTIVE SERVICES.

INTERVIEWS CLIENTS AT HOME OR IN THE OFFICE TO ASSESS SOCIAL SERVICES NEEDS.

RESEARCHES EVALUATES AND DEVELOPS A CASE PLAN TO MEET CLIENT NEEDS.

INTERPRETS AND APPLIES LAWS, POLICIES, PROCEDURES, RULES AND REGULATIONS  
GOVERNING SOCIAL SERVICES PROGRAMS TO CLIENTS AND THE PUBLIC.

MONITORS, ASSESS AND EVALUATES PROGRESS THE PROGRESS OF LINE STAFFS

REFERRALS TO COMMUNITY RESOURCES, AGENCIES OR ORGANIZATIONS TO MEET  
CLIENT NEEDS.

### **Fresno Housing Authority, Fresno, Ca — Onsite Property Assistant**

October 2012 - October 2014

Responsible for maintaining the grounds of complex  
Managing residential units for Developmentally Disabled  
Adults

Collaboration with County of Fresno Affiliates to support  
mental health services

Collecting rent payments

Assisting with conflict resolution

Data Entry

Conducting basic life skill courses

Creating relationships with local businesses and government  
agencies

### **Alternative Ways, Fresno, CA — Client Manager**

September 2012 - October 2012

Maintain client files.

Develop client goals and objectives.

Manage client schedules and medical appointment.

Responsible for financial planning of clients and  
communicating with senior managers

## EDUCATION

**Northcentral University, San Diego, Ca - Ph.D. of Psychology**

September 2020 - 2023

**University of Phoenix, Phoenix, AZ — *Masters of Psychology***

January 2014 - May 2016 University of Phoenix, Phoenix, AZ— *Bachelor of Science*

August 2011 - October 2013

Emphasis on Human Services Management.